

Energy



4



Scouting at Home

Our Energy

You will need a space in front of your computer and let's burn off some energy.

Mystery Game

While we wait for the glue to dry, let's play a game!

Dancing Spaghetti

Have you ever seen Dancing Spaghetti?

Your Leader will show you how and you could try to get your own spaghetti to dance later!



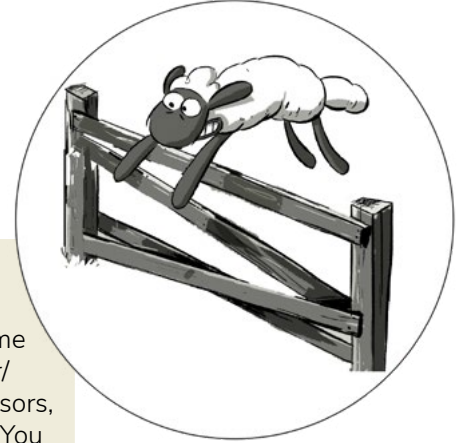
What Do You Know About Energy?

Where does energy come from?
How many types of energy are there?

Thaumatrope

You will need: a chopstick or metal straw, some paper (works best with slightly heavier paper/card and light colours), some sticky tape, scissors, glue, something circular to trace and pencils. You will need help from an adult for this one.

Let's make an awesome new toy!



Week Four: Health Workers

Scouts of all ages help other people.

This is a busy time for hospitals, doctors and nurses.

Let's say thanks to those who looking after sick people.

Make a card and send it to the team at your local hospital, or your family doctor, or a family friend who is helping look after other people.

Our Program Discussion

What sort of challenge areas have we covered tonight?



Week One Activities Checklist

Task	Done!
Our Energy	
What do you know about energy?	
Thaumatrope	
Mystery Game	
Dancing Spaghetti	
Our program discussion	
Help other people	

