




## BASIC OUTDOOR SKILLS RECOGNITION OF PROFICIENCY

Individuals who have sufficient and current skills, knowledge and experience to apply for formal recognition of proficiency will complete this attachment.

Recognition of proficiency may only occur after the required Basic Outdoor Skills eLearning modules have been completed.

<b>Name:</b>
<b>Member no:</b>
<b>Formation:</b>
<b>Branch:</b>

<b>Course no:</b>
<b>Course leader:</b>
<b>Date:</b>

 <b>Scouts</b> VICTORIA	<p><b>Basic Outdoor Skills Attachment.</b> I certify that proficiency in Basic Outdoor Skills has been recognised:</p> <p>_____ (name)</p> <p><b>Verified by:</b> _____</p> <p><b>Date:</b>    ___/___/___</p>
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<b>Portfolio of evidence</b>		
Attach the following handouts and any additional information requested. Additional documents should be marked with a portfolio reference number		
<b>No</b>	<b>Item description</b>	<b>Verified by (initial)</b>
1a	Planning a bushwalking activity	
1b	Branch risk management plan	
1c	Bushwalking gear list	
1b	Lightweight camping menu	
2	Navigation concepts	
3	Navigation route planner	
4	Communications	
5	Minimal impact practices	
6	Weather	
7	Outdoor activity log book	
8	Report from team leader	
9	Self-assessment report	
10	Additional evidence can be attached, for example, a plan of a Bushwalking Expedition, Hike or Journey undertaken as part of the Scout, Venturer Scout or Rover Scout Award Scheme, or other suitable overnight expedition.	

**Handout 1 – Planning a bushwalking activity**

<b>Personal plan for a bushwalking activity</b>		
1	When will this bushwalk happen?	
2	What is the location for the bushwalk and what is the name and number of the map you will be using?	
3	Navigation route plan for the bushwalk	<b>Attach a copy of your route planner for the bushwalk (see handout 3)</b>
4	Risk Management Plan for the bushwalk	<b>Attach a copy of your completed Risk Management Plan for this bushwalk (use your Branch's standard risk management form)</b>
5	What communications equipment will you be carrying?	
6	Who will be the emergency (home base) contact (who will hold a copy of the bushwalk plan)?	
7	What weather conditions will you expect, and what precautions will you take?	
8	What type of clothing will you wear on this bushwalk?	
9	Personal gear list for this bushwalk	<b>Attach a copy of your gear list for the bushwalk</b>
10	Personal food menu for this bushwalk	<b>Attach copies of your food list &amp; menu for the bushwalk</b>

11	What will your water requirements for this bushwalk be?	
12	When packing and carrying a backpack where should the heaviest items be packed? Why?	
13	What is the maximum pack weight a youth member should carry?	
15	When setting up a temporary or overnight bush campsite, what are 5 things you will need to check?	<ol style="list-style-type: none"> <li>1.</li> <li>2.</li> <li>3.</li> <li>4.</li> <li>5.</li> </ol>
14	List 5 unhygienic practices in a temporary or overnight bush campsite and how you will manage them?	<ol style="list-style-type: none"> <li>1.</li> <li>2.</li> <li>3.</li> <li>4.</li> <li>5.</li> </ol>



**Handout 2 – Navigation concepts**

Explain the following compass /mapping /navigation terms	
Cardinal points	
Marginal information	
Conventional sign/symbol	
Contour line	
Contour intervals	
Index contour lines	
Easting	
Northing	
Map scale	
Grid north	
Magnetic north	
True north	
Magnetic variation	
Magnetic bearing (for use with a compass)	
Grid lines	
Grid reference	
Spot elevation	
Orientation	
Map reliability	



**Handout 3 – Navigation route planner**

Route Planner							
Bushwalk Date:				Map(s) used:			
Place or way point description	Grid Reference	Magnetic bearing	Distance (Km)	Height gain or loss (m)	Description of route	Estimated time for leg of bushwalk	Total Time
Start							
To							
To							
To							
To							
To							
To							
<b>TOTALS:</b>					<b>Estimated total bushwalk time:</b>		
Sunrise:	Sunset:		Journey start time at:		Finish / reach camp at:		
<b>Access/Escape Routes:</b>							
1)		2)			3)		

**Handout 4 - Communications**

Provide answers for the following questions		
List the commonly used emergency telephone numbers		
What information do you need to provide to emergency services to assist them responding to an emergency situation		
List other forms of commonly used communication devices		
Complete the phonetic alphabet table below		
A alpha	J	S
B	K	T
C	L	U
D	M	V
E	N november	W
F	O	X
G	P	Y
H	Q	Z zulu
I	R	

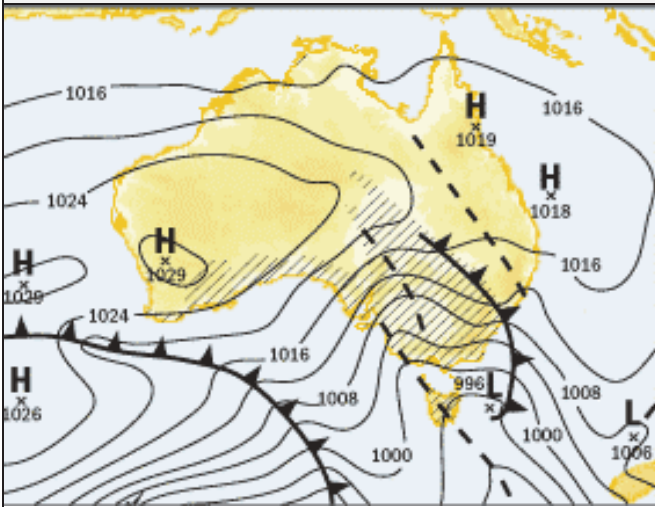
**Handout 5 – Minimal impact practices**

Provide answers for the following questions	
<p>List the seven principles of “Leave No Trace”</p>	<ol style="list-style-type: none"> <li>1.</li> <li>2.</li> <li>3.</li> <li>4.</li> <li>5.</li> <li>6.</li> <li>7.</li> </ol>
<p>List 10 specific minimum impact practices that you will implement when hiking and/or camping</p>	<ol style="list-style-type: none"> <li>1.</li> <li>2.</li> <li>3.</li> <li>4.</li> <li>5.</li> <li>6.</li> <li>7.</li> <li>8.</li> <li>9.</li> <li>10.</li> </ol>
<p>Describe the term “Cultural Heritage Protection”</p>	
<p>Describe the term “Ecological Sustainability”</p>	



**Handout 6 - Weather**

Describe the weather you would expect over the next 2-3 days for your state/location by interpreting this synoptic chart.



Describe the term "Isobars".

What season of the year is this synoptic chart most likely to depict? Why?

Describe the general weather conditions (including cloud formations) that you might expect to observe for your state/location from the above synoptic chart.

Indicate the wind direction you would expect in your state from the above synoptic chart.

Which way does the wind circulate around a High pressure system and a Low pressure system?

**Handout 7 – Log Book**

Outdoor Activity Logbook (expand as necessary)							
Applicant's name:							
Date(s)	Location	Duration/ Distance	# in Party	My Role	Grade of Walk	Weather Conditions	Comments?
7/10/2015	RNP - Curra Moors to Wattamolla	9km, 1 day	12	Participant	Easy	Clear	Crew Hike organised by Jonathan

(evidence should include bushwalking and lightweight camping in last 3 years)

**Handout 8 – TEAM LEADER REPORT**

<b>Team Leader Report</b>	
<i>Team Leader reports are completed by people who both know you and can support your claims, having seen you demonstrate proficiency. These are not references but statements of information that are relevant to the module(s). The team leader will have witnessed specific activities undertaken that meet the criteria for proficiency.</i>	
Applicant's name:	
Name of team leader:	
Qualification(s) of team leader:	
Phone or email contact for team leader:	
Date:	
Activity / Proficiency / Skills observed	
<ul style="list-style-type: none"> <li><input type="radio"/> Demonstrated bushwalking skills in a controlled environment</li> <li><input type="radio"/> Demonstrated navigation skills in a controlled environment</li> <li><input type="radio"/> Used and maintained a temporary or overnight site</li> <li><input type="radio"/> Operated communications systems and equipment</li> <li><input type="radio"/> Planned and guided outdoor recreation activities</li> <li><input type="radio"/> Planned and minimised environmental impact</li> <li><input type="radio"/> Interpreted weather conditions in the field</li> <li><input type="radio"/> Facilitated groups</li> <li><input type="radio"/> Responded to emergency situations</li> <li><input type="radio"/> Followed WHS procedures</li> <li><input type="radio"/> Undertook risk management analysis</li> </ul>	
The activities observed have included:	
In what capacity/context are you the applicant's team leader?	
How long have you worked with the applicant?	
Have you had opportunity to observe the applicant's skills in relation to the proficiency standards stated?	

**Please complete the following declaration:**

I confirm that I am in a position to verify the experience claimed by the applicant in relation to the following modules in the Scout Bushwalking Course / Level 1 Bushwalking:

- Demonstrate bushwalking skills in a controlled environment
- Demonstrate navigation skills in a controlled environment
- Use and maintain a temporary or overnight site
- Operate communications systems and equipment
- Planned and guided outdoor recreation activities
- Planned and minimised environment impact
- Interpreted weather conditions in the field
- Facilitated groups
- Responded to emergency situations
- Followed WHS procedures
- Undertook risk management analysis

Team Leader signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Handout 9 – Self assessment report**

<b>Self assessment report</b>			
A self-assessment report provides you with the opportunity to reflect on your own skills and knowledge, and provide your assessor with an indication of how familiar you are with the content of each module.			
Please tick your level of experience in each of the following tasks:	<b>I have performed these tasks:</b>		
	<b>Frequently</b>	<b>Sometimes</b>	<b>Never</b>
<b>Demonstrate bushwalking skills in a controlled environment</b>			
<b>Use and maintain a temporary or overnight site</b>			
<b>Operate communications systems and equipment</b>			
<b>Demonstrate navigation skills in a controlled environment</b>			
<b>Plan outdoor recreation sessions</b>			
<b>Guide outdoor recreation sessions</b>			
<b>Plan and minimise environmental impact</b>			
<b>Interpret weather conditions in the field</b>			
<b>Facilitate groups</b>			
<b>Respond to emergency situations</b>			
<b>Follow Workplace Health &amp; Safety procedures</b>			
<b>Undertake risk analysis for activities</b>			