

# Challenge Areas



There is no Activity Sheet for youth members this week. Just these Program Notes.

Last week was Plan>Do>Review>

- What did your youth members come up with?
- Which Challenge Areas do they want to work on?
- Which of your Cub Scouts could lead or assist on an activity?

We've collected program ideas from across the State. No matter which Challenge Area you're looking at, here are some ideas and activities that other Packs have used. Hopefully, your youth members are having more involvement in designing your program. These suggestions are designed to help anyone create an engaging program. Programs could be built around a single idea or a challenge area. There are also plenty of ideas for games on the Scouts Victoria website as well.

As always, more help is available at [scoutingathome@scoutsvictoria.com.au](mailto:scoutingathome@scoutsvictoria.com.au)

For even more ideas, please see the Scouts Victoria and Scouts Australia websites.

## Creative



### Virtual campfire

Hold a sing-along around a virtual campfire. Have the Cub Scouts teach some songs as well as the Leaders.

### Hold a Lego Masters competition.

Cubs have a timeframe to create a specific gadget, using whatever equipment they have on hand. Vote on the most creative gadget.

### Lemon Juice Invisible Ink

Mix water and lemon juice, dip a cotton bud into the mixture and write a message or do a drawing on white paper.

To read your secret message or see the drawing, heat the paper with a warm iron (adult help needed) or by holding it close to a light.

## Outdoor



### How long?

Time how long does it take you to run around the outside of your house?

Can you do better next time?

What about if you are jumping? Hopping?

### Commando Course

Design a commando course that you could set up in your backyard (or lounge room). Can you include something you need to jump over? Something to crawl under? Use the equipment around you.

### Memory Challenge

From memory, draw your favourite outdoor space. It could be the local park, the school grounds or even your backyard. When it's safe to do so, go and check how accurate your drawing is!

## Personal Growth



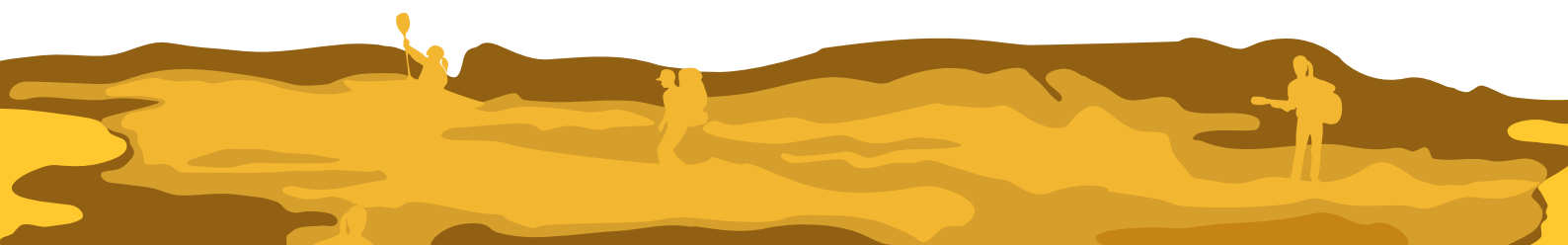
### Share your knowledge

Each Cub has 1 minute to show off a personal item and explain why it's meaningful to them. It could be a collection, a hobby, a pet. Larger Packs might need to do this in small groups.

### Languages

Ask the members of your Pack who speak another language to teach everyone some basic phrases.

By the end of the night, you could have your Cubs saying "Hello" in five different languages.



# Community



## Guest Speaker

Invite a member of your local community to speak to the Pack. Suggestions would be local business owners, service organisations, emergency services, Councillors. Think about the resources you have access to – does a Leader in your Group have an interesting job? What about a parent? Guest speakers are easier than ever on Zoom.

## Scouts Own

Hold a virtual Scouts Own centred around gratitude. You could ask the Cub Scouts to write three things they are grateful for and share. You could discuss ways they can demonstrate gratitude in their community.

## Bin Night

When is bin night in your neighbourhood? Is there an elderly neighbour who would appreciate you taking in their bin after it's been emptied?

Discuss first with your parents.

You could even add a little note saying something like "Have a nice day!"

# Help Other People

## Week Six: Pets

**This week there is no Activity Sheet so this is new to youth:**



Scouts of all ages help other people.

And pets are people too!

Some pets are loving the extra company, but will need to adjust when we go to back to school. Some pets are stressed because their home has been taken over all day by people!

What can we do to help an animal friend?

And if we don't have our own pet, maybe we could take a neighbour's dog for a walk, or make a delicious treat.

Discuss.

