

Minute To Win It Games



These games can be played in patrols or as a whole section. It can be fun to do each challenge twice – once as a practice and then once as a challenge.

You will need a timer. It's more fun to share your screen so everyone can count down!

Not everyone will have access to all the equipment, so take care to alternate between easy to find equipment and harder to find. Another idea could be to give each patrol a set of challenges so they don't need to get lots of equipment.

| Challenge | Equipment |
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| Michelin Man <ul style="list-style-type: none"> How many T-shirts can you put on in one minute? | <ul style="list-style-type: none"> 5-10 T-shirts |
| Cookie challenge <ul style="list-style-type: none"> Balance a cookie on your forehead and then you have a minute to get the cookie into your mouth without using your hands (or dropping it!) | <ul style="list-style-type: none"> One cookie – Oreo size |
| Breathe! <ul style="list-style-type: none"> Using a straw, can you move the smarties/M&Ms/skittles from one bowl to another? | <ul style="list-style-type: none"> 2 bowls, a straw and some smarties/M&Ms/skittles |
| Chopstick Race <ul style="list-style-type: none"> In one minute, how many smarties can you move between bowls with only your chopsticks? | <ul style="list-style-type: none"> 2 bowls, a set of chopsticks and some smarties/m&ms/skittles |
| Fruit loop tower <ul style="list-style-type: none"> How many fruit loops can you thread onto a pipe cleaner in one minute? How about doing it with one hand? | <ul style="list-style-type: none"> Some fruit loops and a pipe cleaner/chopstick/straw/piece of spaghetti |
| Fruit loop tower 2 <ul style="list-style-type: none"> Can you create a tower with fruit loops using your less dominant hand? Tallest tower wins. | <ul style="list-style-type: none"> Fruit loops |
| Marshmallow throw <ul style="list-style-type: none"> Standing 1 metre away from a cup, how many marshmallows can you throw into cup? | <ul style="list-style-type: none"> A cup and some marshmallows. (Could do with cereal but don't aim at the computer!) |
| Air Balloon <ul style="list-style-type: none"> Can you keep the balloon in the air for one minute without touching it? | <ul style="list-style-type: none"> Balloon |
| Lolly Wrap <ul style="list-style-type: none"> Wearing oven mitts, how many lollies can you unwrap in one minute? | <ul style="list-style-type: none"> Oven mitts, some wrapped lolly like minties |
| Blow the Joker <ul style="list-style-type: none"> Place the joker on the bottom of the deck. Put the deck of cards on the container. Players have one minute to blow all the other cards away but keep the joker in place. | <ul style="list-style-type: none"> Deck of cards Plastic container |
| Doughnut eating <ul style="list-style-type: none"> Can you eat a doughnut off the table without your hands? | <ul style="list-style-type: none"> A doughnut |
| And one for when you return to the hall: <ul style="list-style-type: none"> Tie an empty tissue box around your waist with six ping pong balls inside it. You have a minute to shake all the balls out! | <ul style="list-style-type: none"> Cord to tie it on. Empty tissue box. 6 ping pong balls. |

