

# Desert Island



## Preparation

1. An email to all Scouts about the equipment they will need to have ready. Something like:

Next week you're being dropped on a desert island.

You'll need:

- A few sheets of paper
- A pen
- A paper plate
- A pencil
- Bluetak
- A small bowl
- A deep bowl
- A whisk or spoon
- 1 cup of all-purpose flour
- 2 tablespoons of sugar
- 2 teaspoons of baking powder
- 1/2 teaspoon of salt
- 1 cup of milk
- 2 tablespoons of vegetable oil
- 1 large egg
- A bit more vegetable oil

And book the kitchen for the last bit of the meeting.

2. A discussion with Patrol Leaders. They need to be advised of the discussions that they will run in the breakout rooms.

The questions are listed below.

They need time to consider these, how they will run the Patrol discussion in the time allowed, and how they will report back their Patrol highlights to the full Troop.

This 'meeting' could be done by email but a short online meeting with PLs would be better – so they understand the program and their role in leading their Patrol.

Also, some other full-Troop discussions could be led by PLs.

## Program

### Flagbreak, attendance, any notices

#### Introduction (2 minutes)

You're on a motor boat, doing your Green Cord expedition, when a massive storm blows you far out to sea.

You struggle to bail out the water but eventually you realise you're sinking.

You fill your small backpack with a few things from the boat and prepare to hit the water.

You're already wearing a PDF, but you take a lifebuoy for extra support.

Next day, as the sun rises, you realise you're close to a small island.

You paddle toward it, then ride the surf ashore, and take a long rest.

You could be there for two hours or two months.

#### Build a hut (6 minutes)

It's sunny now but the storm could return. You need shelter for the night.

In your backpack you have four lashing ropes and a large sheet of plastic.

Using your pen and paper, sketch the hut you might build.

Any questions?

Scouts should ask questions!

Can I use other things like ...

What is around me? Answer might be: small and large rocks, ferns and other bushes, a small dam, etc

What am I wearing? Answer: a jumper, bright T-shirt, shorts, sneakers with laces, etc

#### Shared feedback (5 minutes)

Scouts hold up their sketches and a few are asked to explain their design.

#### Water, water ... (10 minutes)

Patrol Leaders need to have researched this before the meeting.



The Scouts go to separate breakout rooms for 10 minutes.

Patrol Leaders lead the discussion and ask Patrol members how would they would get drinking water:

- From the small dam on the island
- From the leaves of the trees
- From rainfall

After the allotted time, all Scouts return to the main meeting.

### Shared feedback (5 minutes)

Patrol Leaders report back on their Patrol's solutions.

Maybe one idea per Patrol so the discussion isn't repetitive.

### Where's North? (a 5-minute discussion)

Scouts' ideas, then ...

By day, you could identify north when the sun is at its highest in the sky at noon.

But you don't really want to be looking at the sun all day.

Another way is from the Week 7 Scout program: using the Southern Cross and Pointers.

Once you locate the south celestial pole, which is South, you can work out the rest.

### What's the time? (a 5-8 minute discussion – could be led by a PL)

Scouts' ideas, then ...

Make a sundial

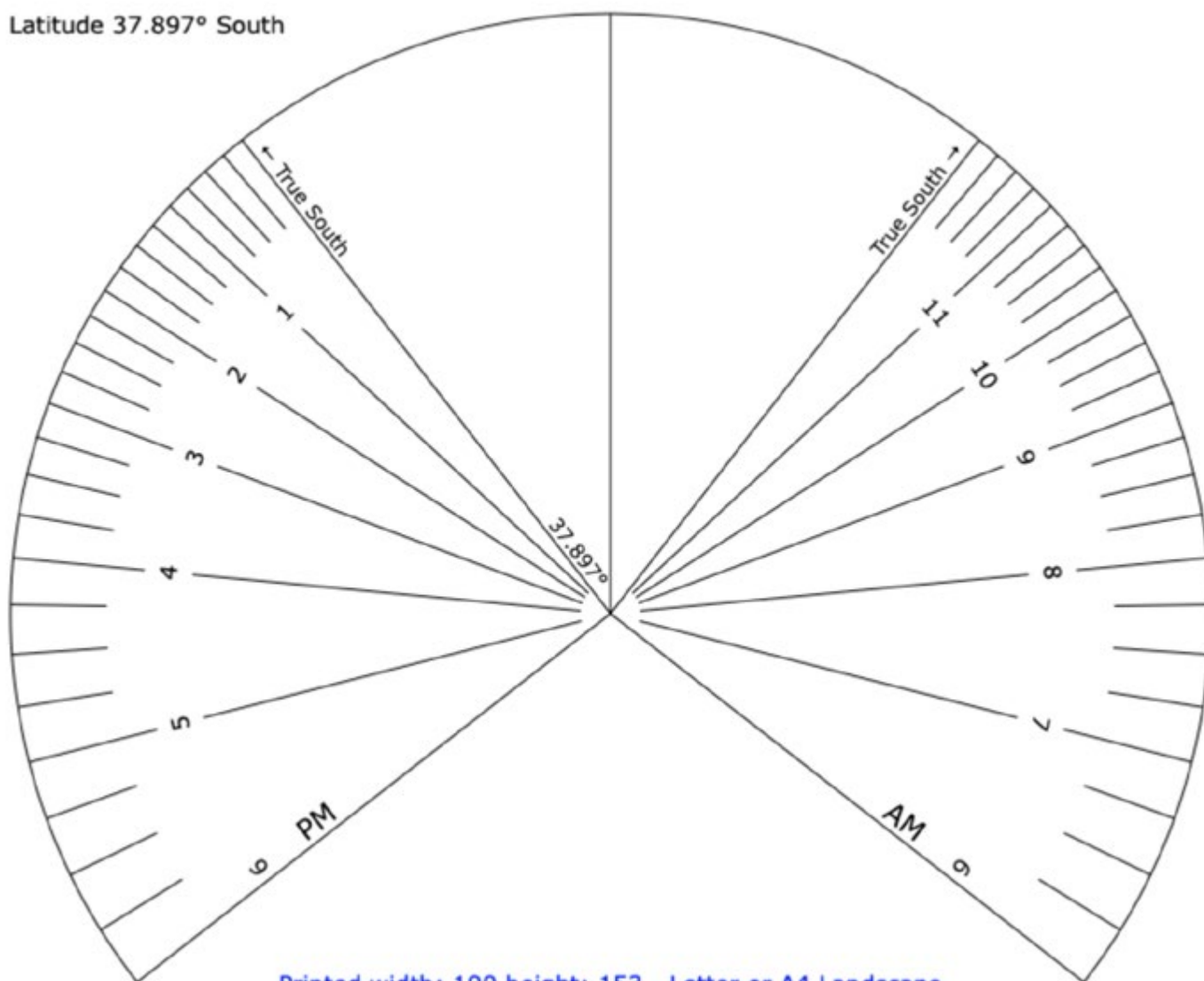
Scouts need:

- A paper plate.
- Piece of dowel or ruler
- Bluetak
- Pen

The pencil goes through the centre of the plate, and might be secured underneath with Bluetak.

The hours might be marked on the outer rim of the plate first. (They're not evenly spaced.)

Latitude 37.897° South



Printed width: 190 height: 153 - Letter or A4 Landscape



Note: sundials work in reverse in the southern hemisphere, compared with the north.

If the shadow is to point to the “12” at noon, then “12” will point South.

You can guess the numbers, or wait till the weekend and mark the correct number each hour.

Or you can use this tool: <https://www.blocklayer.com/sundial-pop.aspx>.

Put in your latitude (eg the Victorian Scout Centre is at 37° 53” 49’) and diameter (eg less than 21 cm if you’re printing on A4). Then cut out the shape, and fold up the bit at the top so the two edges pointing South meet.

Something to try at home?

### Flashback to the sinking ship (10-12 minutes)

The Scouts go to separate breakout rooms for 10 minutes.

Patrol Leaders lead the discussion and ask Patrol members a series of questions.

For each topic, there is one minute to write their answers and then a brief Patrol discussion, sharing answers. Then move to the next question.

The questions include:

1. When your ship sinks, you can grab only two books to take with you. Which two books?
2. You have time to download only three songs. Which three songs?
3. You can grab a magnifying glass or a ruler. Which do you take? Why?
4. You can grab a knife or a spoon? Which do you take? Why?
- 5, 6, 7 ... Other questions could come from the Leaders or the pre-meeting meeting with PLs.

After the allotted time, all Scouts return to the main meeting.

### Shared feedback (5 minutes)

Patrol Leaders report back on their Patrol’s answers to each topic.

Maybe one idea per topic per Patrol so the discussion isn’t repetitive.

### Dessert on a desert island

Suddenly a large box floats onto the beach. It must have fallen off a passing boat.

You open it and it contains,

- A small bowl
- A deep bowl
- A whisk or spoon
- 1 cup all-purpose flour
- 2 tablespoons sugar
- 2 teaspoons baking powder
- 1/2 teaspoon salt
- 1 cup milk
- 2 tablespoons vegetable oil
- 1 large egg
- A bit more vegetable oil
- A whole heaps of toppings you might usually find in your kitchen

### We’re making pancakes!

1. It might be an idea to quickly turn the oven on, to keep them warm as you finish each batch.
2. Then back so we can prepare the batter together.
3. In the small bowl, whisk together flour, sugar, baking powder, and salt.
4. In the deep bowl, whisk together milk, oil, and egg.
5. Add the dry ingredients to the milk mixture.
6. Whisk again but do not overmix. It’s Ok to have a few small lumps.
7. You will shortly take a 20 minute break from the meeting to do the next steps.

### The steps away from the meeting

8. Heat a large fry pan.
9. Add a little oil and spread it, or use a thick folded paper towel and moisten it with oil then run inside the frypan.
10. For each pancake, spoon 2 to 3 tablespoons of batter into the frypan, and use the back of the spoon to shape into a flat round shape.
11. You should fit 2 to 3 pancakes in a large frypan. The batter will make 12-15 pancakes which is why you have the oven on low, to keep them warm.
12. Cook until the surface of the pancakes has some bubbles and a few have burst. Maybe 1 to 2 minutes.
13. Flip carefully with a thin spatula, and cook until browned on the underside. Another 1 to 2 minutes.
14. Put them on a baking sheet on a metal tray. Cover loosely with aluminum foil, and keep warm in oven.
15. You might need more oil for the next batch.
16. If time runs out, maybe someone in the family can finish off.



17. Serve warm, with your favourite toppings.
18. Get back to the meeting in 20 minutes to show us your pancakes and toppings.
19. Now go ... cook! But you can always come back early if you have a question.

### **Discussion**

- Toppings:

Might include butter, caster sugar, honey, jam, Nutella, preserved fruit, whipped cream, chocolate syrup, (real) maple syrup.

Other?

- What went right/wrong?
- Worth keeping this recipe for camp?

### **Closing notices, closing reflection, flagdown**

