

Outdoors, Active



How amazing was Cosentino! We hope all of your Cub Scouts had a thoroughly enjoyable time learning some magic tricks to impress their family and friends.

Like all that we do in Scouting, our Cub Scouts will Learn by Doing, so encourage them to keep practising their magic tricks, seek new tricks, and offer the opportunity to show the Unit any new tricks they may have picked up.

Performing magic tricks in front of an audience is a great way for your Cub Scouts to develop confidence, resilience and fine motor skills. All within an inclusive environment.

Well spring has arrived and it's time we encouraged our Cub Scouts to be outdoors and active.

Here are a few outdoor activities that should be fun:

Make a bubble solution

All Cub Scouts are fascinated with bubbles floating in the air, chasing them down and endeavouring to blow the biggest bubble.

Here's a bubble solution recipe for you to try.

Making a Basic Bubble Solution

You will need:

- 950 mL of warm water
- 115 g of granulated sugar
- 120 mL of liquid dishwashing soap



Pour 950 mL of warm water into a large jar.

Add 115 g of granulated sugar, then stir until it dissolves. How long you do this depends on how warm the water is. It shouldn't take more than 2 or 3 minutes.

Stir in 120 mL of liquid dishwashing soap. Stir gently as you want to mix the dish soap into the water but you don't want to create foam!

Wait a few hours before you use the bubble solution. It would be even better if you wait until the next day as the resting period helps produce better bubbles. Store the solution in a cool, dark place like the fridge.

- To make your bubble solution that extra bit special you can always add food colouring or essential oil extract.

Making a Bubble wand

You can use just about anything to make a bubble wand and here are a few ideas:

- Bubble wands can be made from pipe cleaners and formed into any shape you like. Just make sure you keep a small section as a handle.
- Even a small plastic funnel from the kitchen will make a great wand. Using the large end to dip and the small end to blow.
- Plastic soft drink bottles can become a wand by cutting off the bottom of the bottle and dip into the solution. Use the lid end of the bottle to blow your bubbles.
- Drinking straws produce small but fast flowing bubbles. Why not bunch a few straws together and see how many bubbles you can get?

Tin Can Bowling Alley

Collect nine cans of equal size and stack them into a pyramid. Four cans form the base, with three cans on the second level and two cans on the third and final level. A tennis ball can be used to bowl them over.

Perhaps even paint the cans for a colourful effect.

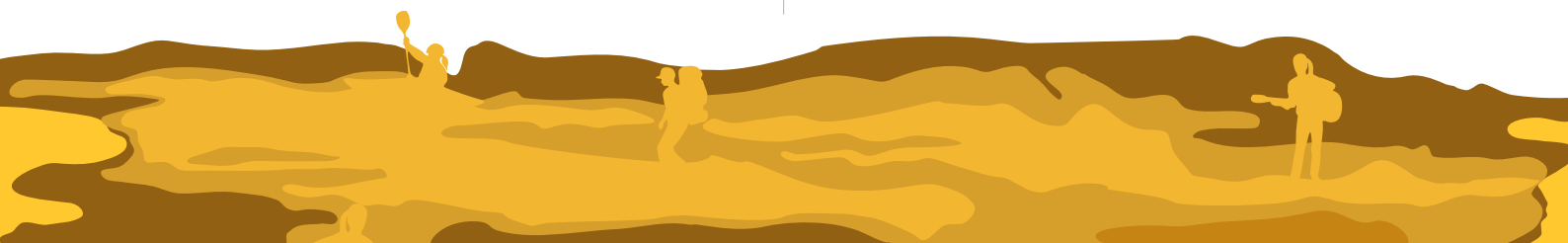
Nature Scavenger Hunt

You've successfully played this activity in the home, well it's time to take the activity outside.

A list of objects to find will be required but rather than the Leaders forming the list ask each of your Cub Scout to suggest one item.

You might even guide the Cub Scouts by suggesting they come up with items that are hard, soft, colourful, round, green, red, squishy etc

If you have 18 Cub Scouts in your Unit you should end up with 18 exciting objects to find.



Ice Painting

Have you ever tried ice painting? Perfect for a sunny day, keeps the mess outside and involves painting with coloured ice cubes.

To make ice cube paints:

- Simply drop some food colouring into each section of a filled ice cube tray and place in the freezer.
- When frozen, pop the cubes into a bowl.
- Outside, give the Cub Scouts some large sheets of paper and let the creative fun begin.

Grow Grass Egg Heads

The Cub Scouts will love making their “egg man”.

You will need:

- An egg container
- Two eggs
- Potting mix or dirt
- Grass seeds, watercress seeds or indeed any type of seed
- Some googly eyes and glue
- A Texta

To make your Egg Head:

- Have mum or dad chop off the top of the egg, empty the egg and clean.
- With the hole pointing upwards, glue on the googly eyes and draw a mouth
- Fill the egg with potting mix, leaving enough space to plant your seeds
- Place your seeds in the egg and apply a cover with potting mix
- Give the potting mix a little water and place in the egg carton
- Now all you have to do is wait for the hair to grow!

Tree Bark Rubbings

We have all seen trees either in our backyard or at the local park that have interesting bark designs.

Send the Cub Scouts out with several sheets of paper with a crayon with instructions to look for a tree with interesting bark.

When they've found their tree have them place the paper against the tree and make a rubbing using the crayon.

When you're back as a Unit have each Cub Scout describe their rubbing and why they chose that particular tree.

Make a Maze

The Cub Scouts can build their own maze by placing sticks on the grass, or using a ball of string with weights holding down strategic points.

If there's a concrete expanse in their backyard, chalk can be used to design their maze.

Mum and dad or their siblings can then see if they can make it through their maze.

