

# Term 4

Regardless of where you are: your first night back has to be fun!

It's a great chance to conduct a review of last term, plan the next term or re-run a past activity you know they enjoyed.

## Regional Victoria

You can undertake face-to-face outdoor Scouting in small groups.

Before undertaking any outdoor activities please remind yourself of the latest Scouts Victoria Covid-19 update <https://scoutsvictoria.com.au/covid-19-lockdown-faq/>

An easy outdoor activity in small groups is a penny hike.

Start at a pre-arranged meeting place and then walk until you come to a junction.

Flip a coin to decide which way you will walk and then keep walking until the next junction.

Flip a coin to decide which way and keep going! Who knows where you'll end up?!

Don't take this first week too seriously, let the youth members be outdoors, laugh and have fun together!

An alternative suggestion could be the Scout Quest Outdoor Challenge – how far, how fast or how funky can you go?!

Remember, the next few weeks of Scouting is all about reinforcing why the youth members participate in Scouting. To experience a program that is adventurous, fun, challenging and inclusive. This is the time for them to have fun!

## Metropolitan Melbourne

For our Units in Metropolitan Melbourne in Step 2, unfortunately there is no face-to-face Scouting yet.

Here are two activities that you might use this week; Making Parachutes & Making Ice-Cream. Both activities were highlights of The Great Victorian Online camp over the past weekend!

You could use these activities in a number of ways:

- Split into two and run two different sessions and then swap
- Let the youth members choose which activity they want to do
- Run both in a normal "Zoom" meeting



## Making Ice-Cream

What you'll need:

### Ingredients for "bag 1":

- ½ Cup of whole milk
- 1 Tablespoon of Sugar
- ¾ teaspoon of vanilla essence

### Ingredients for your "freezer":

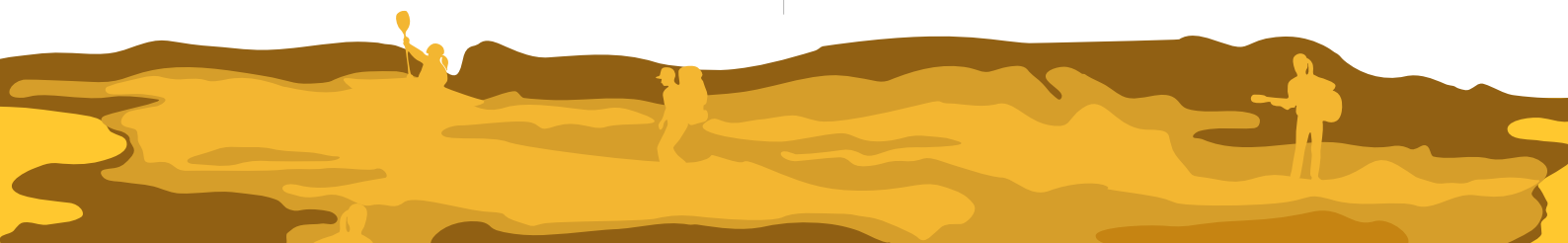
- Milo Tin
- 500gm ice cubes
- 6 tablespoons of salt

### How to make it:





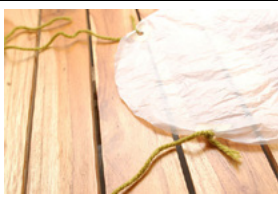
1. Mix the "Bag 1" ingredients and pour into a freezer bag.
2. Squeeze the air out of the bag.
3. Make your freezer by putting the ice and salt into the cleaned Milo tin
4. Place "Bag 1" inside the tin with the ice and salt
5. Toss the bags around for 10 minutes. (Have a dance party while you do this!)
6. Remove bag from tin, wipe, dry
7. Add your favourite topping
8. Eat!

### Some reminders:

- Use the Scout Quest events to help with your programming. It's the easiest bring a friend activity ever!
- There are heaps of resources on our website. Activities, old programs and Scout Quest events.
- There's also guides to Zoom, to Child Safe Scouting and to supporting mental health.
- The programs don't have to go for a full 90 – 120 minutes. It's more important that they are fun and engaging!
- Build in plenty of opportunities that include the Scouts doing something, as opposed to passively viewing the event. Activities like answering a live poll or participating in a light-hearted quiz or at least using the reactions tools.



# Making a Parachute

1.	<p><b>Gather the necessary supplies:</b> Plastic bag, plate, string, scissors, hole punch or skewer, pen, a small weight</p>	
2.	<p><b>Choose your plastic material.</b> Anything from a plastic slip-cover to a garbage can bag can work well. Make sure it's loose and flexible.</p>	
3.	<p><b>Draw a large circle on your plastic.</b> Make it as even as possible so you don't end up with a lop-sided parachute. Use a bowl or dish to trace the circle.</p>	
4.	<p><b>Choose your string.</b> Twine or any moderately heavy string should work. Try to scale it to about the same length as the diameter of your parachute.</p>	
5.	<p><b>Cut out the circular parachute.</b> A sharp pair of scissors can help a lot here, otherwise you may stretch and/or tear the plastic. Tearing however is not suggested for it can be very messy.</p>	
6.	<p><b>Mark 6 places evenly spaced apart on your plastic circle</b></p>	
7.	<p><b>Tape over these places as added reinforcement</b></p>	
8.	<p><b>Using a hole punch</b> - punch the holes in the along edge of the plastic. Six holes should be enough. Be careful not to rip the holes—you will be using them to tie your string to the plastic.</p>	
9.	<p><b>Measure 6 lengths of string that are the same size</b></p>	
10.	<p><b>Tie the strings to the parachute.</b> Again, be careful not to tear the holes while knotting, if you are using soft plastic. Avoid getting the string tangled, as well.</p>	
11.	<p><b>Tie the weight to the parachute strings.</b> You'll want something moderately heavy.</p>	
12.	<p><b>Find a high place to drop your parachute.</b> You will want to have some height to enjoy the parachute, but be reasonable. After all, you'll need to go back and get it.</p>	
13.	<p><b>Drop the parachute and watch it Fall!</b> Don't be alarmed if it doesn't open when you drop it at ground level. Even parachutes need time to get air beneath them.</p>	