

# WEEKLY PROGRAM

## Regional Victoria

You can undertake face-to-face outdoor Scouting in small groups. Before undertaking any outdoor activities please remind yourself of the latest Scouts Victoria Covid-19 update <https://scoutsvictoria.com.au/covid-19-lockdown-faq/>

With the weather fining up and daylight saving, let's be outdoors.

## Metropolitan Melbourne

For our Units in Metropolitan Melbourne in Step 2, unfortunately there is no face-to-face Scouting yet.

## For all Scouts

This week's Scout Quest extravaganza takes us to the wonderful world of animals, specifically rabbits, guinea pigs, cats, and dogs.

Remind your Scouts to tune in either via the Scouts Victoria Facebook, [Facebook](#) or the Scouts Victoria YouTube channel, [YouTube](#) as we've some great activities that relate to the animals that the Scouts will be meeting on Saturday. And don't forget that past Scout Quest events have been recorded in case any scouts missed out. They're at Scout Quest, [watch our past events](#).

This week's activities are quizzes which are ideally suited to individual Patrols with the Patrol Leader or Assistant Patrol Leader leading the quiz.



Scouts



## Rabbits

Rabbits require particular care and attention, requiring access to clean water and a well-balanced, nutritious diet.

Here's a true or false quiz to start.

**Q: Hay is a vital part of a rabbit's diet? True or false?**

A: True. For rabbits it's their main dish of the day, with 80% to 90% of their diet needing to be hay.

**Q: Fresh grass and garden greens are another key part of a rabbit's diet as they ensure good dental and digestive health. It is okay to feed your rabbit lawnmower clippings. True or false?**

A: False. Don't ever feed your rabbits lawnmower clippings – this can upset their digestive system and make them ill.

**Q: Fruit is very high in sugar and you should only give a small amount as a treat. True or false?**

A: True. Too much sugar isn't good for your rabbit's health.

**Q: Rabbit pellets are easy to buy and make feeding your rabbit easy so they should form the bulk of your rabbit's diet. True or false?**

A: False. A small amount of pellets help to ensure your rabbit gets a balanced diet, but remember that hay and grass are much more important and must be available at all times.

**Q: Muesli-style rabbit food is usually a mixture of pellets with dried fruits, nuts, grains and coloured pieces and are a rabbit's version of junk food. True or false?**

A: True. These mixes are high in fat, sugar and salt which are not good for your rabbit.

Are you a rabbit expert? [Quiz, Are you a rabbit expert?](#)





## Guinea Pigs

Who doesn't love a guinea pig but like all pets they require special care and attention?

Interesting guinea pig food facts ...

- Guinea pigs are herbivores - this means they only feed on plant material. The best type of food for this is fibre and fibre comes in the form of hay.
- To keep their digestive system moving and their energy levels up, they need to graze throughout the day and night. The best type of food for this is fibre and fibre comes in the form of hay.
- Guinea pigs are just like humans. Guinea pigs are unable to make their own vitamin C and require an outside source of vitamin C in the form of vegetables and fruits.
- Guinea pigs love veggies! In addition to hay and pellets, provide your guinea pigs with a serving of fresh vegetables daily. These will help to provide the essential vitamin C that your guinea pigs need, along with variety in their diet.
- Guinea pigs can become overweight as they tend to eat for long periods of time. This means that it's just as important that you feed your guinea pigs the right amount of food as well as choosing the right foods.

Here's a short one minute video on what to feed your guinea pig, [Guinea Pig Freedom from hunger and thirst](#).

Like a lot of pets, guinea pigs soon become bored and lazy if they're not kept active. Providing enrichment means adding something to the animal's environment or routine with the aim of improving their life. Enrichment for animals often refers to things like toys, play and spending time together.

This enrichment factsheet provides some easy DIY toys to make for your rabbit or guinea pig, [Enrichment for animals. DIY. EASY. STEP-BY-STEP](#)

We expect your Scouts are well versed with Kahoot!

Here's a guinea pig Kahoot! Quiz to test their knowledge, [Kahoot! Guinea Pig Quiz](#)  
Game Pin: 01704530



## Cats

Cats and kittens have five welfare needs to be happy and healthy. These five welfare needs are called the FIVE FREEDOMS. Take the quiz to find out how much you learned about these freedoms for cats and kittens! Good luck!

Are you a cat and kitten expert? [QUIZ](#)

## Dogs



Dogs are very intelligent and have important jobs with our Police, Border Protection and Search & Rescue.

We'd like to introduce you to three very special dogs who are Education Dogs for the RSPCA, Here's their stories, [Education Dog Charlie](#), [Education Dog Chino](#) and [Education Dog Scout](#).

And now the final quiz to see whether you're a dog expert.

Dogs and puppies have five welfare needs to be happy and healthy. These five welfare needs are called the FIVE FREEDOMS. Take the quiz to find out how much you learned about these freedoms for dogs and puppies! Good luck!

Take the quiz: [Are you a dog and puppy expert?](#)



Many of the resources have come from RSPCA's educational resource library [AWARE](#).

