

Scouting Program



A personal Network

A Personal Network is five people your youth can talk with if they are feeling unsafe or unsure about a situation.

Why would my youth need a Personal Network?

Creating a Personal Network may help your youth to respond and take action faster in an unsafe situation.

If your youth knows exactly who they will go to when they feel unsafe they may be able to feel safe again faster.

Choosing a Personal Network

When helping your youth to identify their Personal Network ensure they take ownership to identify people that they feel safe with.

Your youth may identify a stuffed toy or a pet as a member of their Personal Network, these things can make up part of their 'friend' network but it is also important to have at least one trusted adult they can go to. It is okay for your youth to have different networks for different situations.

It's also important for your youth to know that if they go to someone in their network and they don't listen or they still feel unsafe, they should continue to employ their network and go to someone else until they feel safe again.

Creating a Personal Network may help your youth to respond and take action faster in an unsafe situation.

If your youth knows exactly who they will go to when they feel unsafe they may be able to feel safe again faster.

You'll find a template for youth to fill out their emergency contact details as well as their Personal Network on the following page.

Who could I include in my Personal Network?

Your youths personal network can be made up of anyone who makes them feel safe.

Your youth may want to create a 'friend' network and an adult network, as sometimes talking with a friend is not enough to make them feel safe again.

Adults they feel safe with may include:

- Family members
- Family friends
- Teachers or school staff
- Leaders

What qualities do I want in my Personal Network?

Help your youth to identify the qualities that they would want someone in their Personal Network to have.

- Do they listen?
- Will they believe me?
- Can they help me feel safe?
- Are they accepting and understanding?

The qualities your youth may look for may differ from the qualities that you would look for, and that's okay.

How will I contact my Personal Network people?

Your youth should ensure they know how they will contact their Personal Network people if and when they need them.

Options may include:

- Face to face
- Phone call
- Text message
- Email
- Letter

Instant Network

In the event of an emergency your youth may need to employ an Instant Network.

An Instant Network may include:

- A public place e.g.: library, Police Station, shopping centre
- The emergency services line (000)
- A passerby

It's important that you discuss options for an Instant Network with your youth. In particular, they should know the public places in their area where they could receive help.

My emergency details



My name is: _____

My school: _____

Emergency contact 1: _____

Emergency contact 2: _____

Safe places in my neighbourhood:

_____	_____
_____	_____
_____	_____

My Personal Network

Name: _____

Contact Details: _____

Name: _____

Contact Details: _____

Name: _____

Contact Details: _____

Name: _____

Contact Details: _____

