



Winter Gathering 2021 - Virtual VA Initiative Course

COOKING CHALLENGE

OPTION 1 – LIVESTREAM COOK-ALONG

CHALLENGE DESCRIPTION:

Take part in the Livestream Cook-Along challenge at 5pm on Saturday and cook a Southern Fried Chicken (or eggplant) Burger.

Livestream details and the ingredients are on the Venturers Victoria Facebook page or our website

OPTION 2 – ONE POT MEAL CHALLENGE

RESOURCES REQUIRED:

- One Pot/Pan
- Cooking Utensils
- Ingredients as required

CHALLENGE DESCRIPTION:

Plan a meal you can cook using only one pot or pan, including a menu and full list of ingredients you'll need.

Meal must contain protein (eg. meat or tofu), carbohydrates (eg. pasta, rice, potato), and vegetables.

Cook the meal using one pot/pan, and then enjoy it!

If your family is game, you can share it with them too!

If you need some inspiration, you can google "one pot meals", there's plenty of ideas out there.



SUBMISSION:

Upload photos of your meal (as well as your menu and ingredients list for the One Pot Challenge) via our website, <http://hoadleyhide.com.au/index.php/winter-gathering-home-submission/>

password: wintergathering2021

Share what you've learnt with other Venturers by posting on Facebook or Instagram using the tags #WinterGathering and #VirtualVenturing.

If you encounter any issues submitting this challenge, send us an email:

initiative@vicventurers.com.au, or reach out to us on the Venturers Victoria Discord server.

